

# Camp Mihaska COVID-19 Action Plan

While the State of Missouri has reopened to overnight camping, the COVID-19 Pandemic has created significant challenges for us and our visiting groups.

Nonetheless, the Camp Mihaska team is committed to keeping you as safe as possible in addition to providing an enjoyable time at camp. With that in mind, and our commitment to comply with licensing the CDC, and the State of Missouri recommendations, below is a summary of these guidelines that have been outlined for us, so that you will also be aware of them as you prepare to visit camp. Camp Mihaska will strive to achieve the highest standard of compliance with the facilities and food service in order to keep everyone safe.

We ask that you join us by also following these suggested guidelines within your individual group. Some notable changes are in the **Meals** section below, which eliminates the ability to facilitate a salad bar and some food service standards that you may be accustomed to. In addition, the **Sleeping Accommodations** section below highlights some modified sleeping arrangements and sanitizing practices. **\*\*Due to current COVID restrictions, we are unable to provide linens at the current time. Thank you for your understanding.\*\***

We recommend that you are prepared to make these adjustments within your individual group, along with us, for the safety of everyone.

## Monitoring Symptoms & Isolation Procedures for those with Symptoms

### **Guests:**

- To ensure that members of a group have not unknowingly contracted COVID-19, temperature checks will be completed upon their arrival during the group's registration time, as well as on each consecutive day during their visit. Any late arrivals will need to check in with the group leader, or designated staff member to be checked upon their arrival. Campers should be screened at the corps prior to traveling to camp. Parents should not leave the corps until the screening is complete.
- If a guest's temperature is above 100.4 degrees, the guest should be excluded from the event. Cough and/or diarrhea in addition to fever is suggestive of coronavirus.
- The Guest will be monitored throughout the day for signs of illness, including flushed cheeks, rapid or difficulty breathing (without recent physical activity), fatigue, or extreme changes in disposition.
- Any guest showing symptoms will have to return home from camp.



- If a guest has any symptoms or has been in contact with a person who has or is suspected to have COVID-19, they must remain at home.



In the case of someone becoming symptomatic at camp, the local health department and the licensing consultant will be contacted, and the exposure will be reported. The local health department will determine who would be considered close contacts and when they should be allowed to return to camp. Local Health officers will help the camp to determine whether closing is necessary for the safety of all guests and staff.

The symptomatic guest or staff member will be moved to the Administration Building for monitoring until a parent or guardian can arrive, or the staff member can safely go home. While in the office, they will be required to wear a facial covering to prevent the spread to others. Guests or Parents of other guests within the small group will be informed and will be asked to be monitor. All areas that were shared by that individual will need to be closed for 24 hours and disinfected for the safety of others.

The Camp Director will be the Point of Contact for all families as they navigate the process.

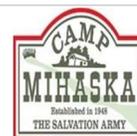
### Social Distancing & Hygiene

- Groups of guests will be kept consistent whenever possible and will not mix with other groups.
- Contact with external staff and between groups will extremely limited.
- When small groups cross paths, strict social distancing guidelines will be followed.
- Common spaces will be cleaned and sanitized between groups.
- All guests will wash hands before all activities, meals, and after bathroom usage. Handwashing will also be required anytime a guest has had close contact with a guest or staff member outside of their small group. Hand Sanitizer may be used in the absence of handwashing facilities.
- All hard surfaces will be cleaned and disinfected using a two-step method after each small group's use.
- Soft or porous surfaces will be washed (if possible) or will be allowed to remain unused for the required 72-hour period.
- Non-essential visitors will be strictly limited.
- Guests and Parents of Guests will wash their hands upon arrival at the camp. Hand sanitizer will also be made available when needed.

### The Use of Appropriate Safety Equipment

#### **Staff:**

- Appropriate cloth facial covering will be worn when by staff members when needed. This includes when staff is in close proximity to campers or in an indoor space where proper social distancing cannot be facilitated.



### **Guests:**

- Facial covering is required indoors including the dining hall and meeting spaces at all times when meals are not being consumed.
- All facial coverings must be able to be removed by the wearer.

### **Communication and Training of Staff & Meeting Parent Expectations:**

- All staff is trained during their orientation the processes of proper two-step sanitation and disinfection.
- CDC Documentation that describes the symptoms and effects of the COVID-19 virus will be sent to all group leaders that will be on camp property.
- In the event of staff illness, the remaining staff will be adjusted to meet state and CDC ratios.
- If ratios cannot be met, camp will be canceled until staffing needs can be facilitated.

### **Residential Camps**

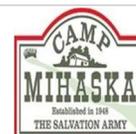
- Temperature checks will be completed the day the guests and staff members arrive.
- Guests should keep personal items in their bag or tote and store their bag or tote in a designated area.
- Guests should avoid placing toothbrushes or toiletries directly on counter surfaces.

### **Meals:**

- It is recommended to decrease the table capacity by as much as 50 percent to support physical distancing between individuals.
- Buffet-style, salad bars, self-service, table, counter food service, and other configurations that require diners to use shared utensils are not allowed at this time.
- Cafeteria-style where one kitchen staff person per utensil serves diners so serving utensils are not touched by multiple people is acceptable.
- During family service, 1 guest with clean/sanitized hands is allowed to serve everyone from the tables serving dishes.
- Condiment dispensers and shared beverage dispensers will be discontinued until further notice. Condiments will be served in individual packets and beverages will be served by one guest from a drink station which can be arranged with a group's host upon arrival.
- services (i.e. box meals), in which meals are packaged or assembled on a tray for diners to retrieve.

### **Sleeping Accommodations:**

- Create at least six feet of space between beds.
- Position sleepers to maximize the distance between heads/faces:



- For bunk beds, position the head of the camper in the top bunk opposite the position of the guest in the bottom bunk. Six feet separation is not required between the top and bottom bunk because of the physical barrier between guests.
- For side-by-side beds, position the head of the guest in one bed opposite the position of the guest in the adjacent bunk.
- For end-to-end beds, position the toes of each guest close to the other guest toes.
- Guests should keep personal belongings organized and separate from other guests' belongings.

